

Family & Community Health

Sarah Latham - Extension Agent - Family & Community Health

- **Rains TEEA** - Piecemakers held monthly meeting. 18 members in attendance.
- **A Matter of Balance Planning Meeting** - Agent met with Fannin County to plan 8 week long series on balance and healthy aging in March and April.
- **East Region AgriLife Conference** - Assisted in holding the East Region AgriLife Conference in Tyler, 600 in attendance.
- **District IV TEAFCS Budget Meeting** - Agent met with the DIV TEAFCS Budget Committee to review spending and approve proposed budget.
- **Agricultural Increment Report** - Agent completed the Rains County Agricultural Increment Report, an annual summary of the incremental revenue generated by each Texas county for the production year.
- **District Food Show Registration** - Agent worked with families to enter and approve District Food Show Contest Registrations.
- **Ft. Worth Stock Show** - Agent attended Ft. Worth Stock Show to support of Rains 4-H Members.
- **Saddle Up for St. Jude** - Agent met with community members to help establish location and volunteers for St. Jude fundraiser.
- **Engagements** - Agent provided information, guidance, social media posts, and answered questions.
- **Office Conference** - Office staff met to discuss upcoming events and additional information.
- **Newspaper Articles** - Agents submitted bi-weekly articles for the Rains County Leader; articles address local and emerging issues.

4-H & Youth Development

- **Current Membership** - 93 Members and 3 Adult Volunteers have enrolled for the 2025-26 year.
- **Food & Nutrition Project Meetings** - 8 youth and 2 adults were present and participated in the F&N project meetings. Project meets every other week.
- **County & District Food Show Contests** - 8 youth participated in the County Food Show with 5 members advancing to the district contest.
- **Ft. Worth Stock Show** - 6 Youth participated in the Ft. Worth Stock Heifer, Swine, and Poultry, Shows; 1 youth participated in the FWSSR calf scramble and caught.
- **National Western Stock Show** - 1 youth competed in the swine show at the National Western Stock Show in Denver.
- **Rains 4-H Monthly Meeting** - Monthly meeting was cancelled due to bad weather.

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